# TIFFU'S

CONTEMPORARY BANGLADESHI CUISINE

Wombourne

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WWW.TIFFUS.CO.UK

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Non-West	

## **APPETISERS**

Onion Bhaji Chopped onions mixed with special herbs & fried lentils.	£2.95	Chicken Pakora Chicken tikka coated in a lightly spiced batter then shallow fried.	£3.25
Chicken Tikka or Lamb Tikka Succulent chicken or lamb pieces marinated in fresh ground spices & herbs, roasted in tandoor.	£3.25	Chicken or Prawn Puree Chicken or prawn cooked in a thick tomato herb sauce,	£3.50
Sheek Kebab Tender minced lamb marinated, seasoned with herbs & spices, roasted in tandoor,	£3.25	served on puffy bread.  Mix Platter Selection of chicken pakora, meat samosa,	£3.95
Shami Kebab Shallow fried minced lamb, flavoured with herbs & spices, served with an omelette	£3.50	onion bhajee & aloo pakora  Chicken or Lamb Shashlik Tender chicken or lamb marinated with spices,	£4.50
Tandoori Chicken Chicken on the bone roasted in tandoor.	£3.50	cooked over charcoal, served with grilled tomatoes, onions & capsicums.	
Stuffed Mushrooms Mushrooms stuffed with dicken, lamb or veg covered with breadrumbs	£3.50	Tandoori King Prawn King size prawns, marinated & spiced, roasted over charcoal.	£4.50
Stuffed Peppers Stuffed Peppers with chicken, minced lamb or vegetable	£3.50	Tandoori Fish Succulent white fillet fish marinated in fresh herbs & spices, slightly fried.	£3.95
Nargis Kebab Boiled egg covered with minced lamb & topped with an omelette.	£3.50	Tandoori Mix Kebab Consists of lamb tikka, chicken tikka & sheek kebab.	£3.95
Chicken Chat Juicy chicken piecesserved with cucumber in a sweet & sour sauce.	£3.50	King Prawn Butterfly Mainated in a specially prepared sauce & then cooked in breadcrumbs.	£3.95
Prawn Cocktail Samosa	£3.50 £2.95	King Prawn Puree Cooked with thick sauce, fresh tomatoes, onion & flavoured with green herbs, served on puffy bread.	£4.50
(Chicken, Lamb or Veg) Triangular shaped pastry, deep fried in oil.		Salmon Biran Shallow fried salmon	£4.50
Chicken Tikka Stir Fry Cooked with pepper & onions.	£4.50	Salmon Tikka Succulent salmon pieces marinated in fresh	£5.50
Crispy Chicken Marinated in a specially prepared sauce & then cooked in breadcrumbs.	£4.50	ground spices & herbs, roasted in tandoor. <b>Fish Pakora</b>	£3.95
and contest in broad arribs.		Fish coated in a lightly spiced batter then shall ow fried	

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## **FUSION APPETISERS**

**Garlic Fried King Prawns**King prawns with fried onions & fresh garlic, served sizzling.

An exquisitely tantalising appetiser of pulped baby potatoes, finely spiced with fried mustard seeds, turmeric,

coated in seasoned batter & shallow fried.

Quorn stir-fried with onions, infused with chat spice

Strips of paneer (Indian Cheese) stir fried with fresh green chillies & onions stuffed in a large chilli pepper in a chilli, tangy relish.

Exquisite sheek kebab cocktail served in a sizzling iron skillet with fried onions, peppers and a hint of ginger & roasted in garam masala.

Paneer Mirchi

**Veg Quorn Chat** 

sheek kebab and tandoori chicken.

to create katta mita taste. Korahi Kebabi

Aloo Chok

£4.50	Veg Platter A selection of tempting vegetable starters, veg samosa,	£3.95
£3.95	onion bhaji & a veg spring roll.  King Prawn Bajar	£4.50
£3.50	King size prawns, fried with garlic & spices, mushrooms & spinach. Served on a puree.	7-30
23.30	Sea Bass Biran Shallow fried Sea Bass.	£4.50
£3.50	Lamb Chilli Tender pieces of lamb cooked with fresh green chillies.	£4.50
£3.95	Chicken Tukra Seasoned chicken fillets coated in spicy bread crumbs, garnished with onions, tomato and spicy onion relish.	£4.50
	Tiffu's Chilli Mint Chicken Succulent chicken marinated in mint	£4.95

chillies, herbs and spices, roasted in the clay oven.

## **TANDOORI MAIN DISHES**

Accompanied with a vegetable curry side dish

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Chicken Tikka or Lamb Tikka Suculent dicken or lamb pieces marinated in fresh ground spices & herbs, roasted in tandoor.	£8.95	Tiffu's Chilli Mint Chicken Succulent chicken marinated in mint, chillies, herbs and spices, roasted in the day oven	£11.95
Tandoori Chicken Half chicken on the bone marinated	£8.95	Salmon Biran Shallow fried salmon	£11.95
then roasted in the tandoor.  Chicken or Lamb Shashlik Tender chicken or lamb marinated with spices,	£9.95	Salmon Tikka Succulent salmon pieces marinated in fresh ground spices & herbs, roasted in tandoor.	£11.95
cooked over charcoal, served with grilled tomatoes, onions & capsicums.  Tandoori Special Consists of chicken tikka, lamb tikka,	£9.95	Tandoori King Prawn King size prawns; marinated & spiced, roasted over charcoal.	£11.95

# TIFFU'S BALTI SPECIALITIES

Chicken or Lamb Tikka Masala Chicken tikka or lamb tikka pieces cooked in a delicious sauce with a blend of aromatic spices & herbs, tomatoes, butter & cream.	£7.95	Balti Special Delidously medium spicy dish of chicken, lamb, prawns & a king prawn with onions, tomatoes, touch of fenugreek, coriander, spices, herbs.	£9.95	Chicken Tikka Chasni A very popular dish from Calcutta. Chicken marinated and garnished with yoghurt and mango chutney.	£7.95
Tandoori Chicken Masala Tandoori chicken pieces cooked in a delicate sauce with a blend of aromatic spices and herbs, tomatoes, butter & cream.	£7.95	<b>Sylhet Bahar</b> Chicken tikka blended with exotic herbs, keema & brinjal. Medium dish of Bengal cuisines dressed with egg & tomato.		Keema Bora Fresh mince meat infused with green chillies, onions and coriander, then shallow fried and served on a mouth watering spinach bhuna sauce.	£9.95
Tandoori King Prawn Masala Tandoori king prawns cooked in a delicate sauce with a blend of aromatic spices & herbs, tomatoes,	£11.95	Samba Chicken Chicken tikka cooked with fresh green chillies in a rich garlicsauce, topped with a layer of garlic infused tarka dhal.	£9.95	Shashlik Bhuna Boneless spring chicken cooked with a variety of spices, capsicum, tomatoes and	£9.95
butter & cream.  Tandoori Murghi Masala  Tandoori chicken, minced lamb cooked in a medium sauce with a boiled egg.	£9.95	Lamb Shabjee Tender lamb & roasted vegetables, garnished with onion, tomato, garlic & a touch of coriander.	£8.95	onions in a medium bhuna sauce.  Lassuni Chicken  Boneless pieces of chicken marinated with garlic, cooked in a medium hot sauce & topped with cheese.	£8.95
Korma (Available in Chicken / Chicken Tikka / Lamb / Lamb Tikka / Lamb Ti	<b>£7.95</b> Prawn)	Balti Malaya Mildly spiced dish prepared with pineapple, served mild to medium. Choice of chicken tikka, lamb tikka & prawns.	£7.95	North Indian Garlic Chilli Chicken Tikka Chicken tikka cook with thef's special sauce, topped with finely chopped green chillies,	£9.95
Tropical Mellow Tender chicken tikka cooked with coconut, exotic spices & mixed fruit.	£7.95	<b>Muchammon</b> Chicken tikka cooked with garlic, ginger & green beans. Medium spiced and garnished with tomatoes & coriander.	£8.95	onions,capsicum and coriander. Hot Murgh Muska Chicken tikka, keema and peas cooked in chefs special sauce.	£9.95
<b>Butter Chicken</b> Chicken tikka fried with a touch of butter, ginger, garlic, coconut powder & cream, a combination of korma & masala	<b>£7.95</b> a.	<b>Bhindi Gosht</b> Fresh tender lamb, roasted with onion, capsicum, coriander & fenugreek leaves. Medium spiced with okra.	£8.95	A dassic Bangladeshi dish. Tasty minced lamb infused	£9.95
Chicken or Lamb Tikka Pasanda Cooked in fresh cream, cultured yoghurt,	£7.95	Makhani Boneless tandoori spring chicken cooked in	£8.95	with garlic, onions and coriander and finished with fresh garden peas and spinach.	
ground nuts & Chef's special sauce.  Chicken or Lamb Tikka Korahi  Diced chicken tikka or lamb tikka, delicately spiced with fresh tomatoes, capsicums & fresh herbs.	£8.95	delicately spiced butter, fresh cream & mild sauce with a dreese topping. <b>Tiffu's Al Bahaar</b> Choice of chicken tikka, lamb tikka or prawns	£7.95	Mudhu Minty Lamb Tender pieces of lamb infused with honey and cooked with mint and potatoes in a medium strength sauce.	£9.95
Mixed Vegetable Korahi Delicately spiced with fresh tomatoes, capsicums and fresh herbs.	£6.95	cooked with our own home made sweet sauce.  A highly recommended sweet dish.  Balti Kashmiri	£7.95	Full Gobi Mushroom Mattar Fresh cauliflower, mushrooms and chick peas cooked in a medium sauce.	£7.95
Chicken Tikka or Lamb Tikka Jalfrezi Diced chicken tikka or lamb tikka, delicately spiced, capsicum, fennel, onions, tomatoes & hot green chillies. Served sizzling	£8.95	Chicken tikka cooked with slices of banana, tomatoes and curry sauce. Chicken Tikka Jaipur	£8.95		£7.95
Prawn Jalfrezi Delicately spiced, capsicum, fennel, onions, tomatoes & hot green chillies. Served sizzling	£8.95	Chicken tikka, mushrooms, diced onions & capsicum. A medium hot dish.	Fe		

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King Prawn Mattar	£11.95
Delicately spiced & cooked with peas & minced lamb.	
<b>Samunder Ke Bahar</b> Tandoori king prawns & chick peas in a bhuna style sauce.	£11.95
Jingha Aroma King prawns on shell cooked with keema and diced chicken.	£11.95
King Prawn Al Bahar King prawns cooked with Tiffu's own home made sweet sauce. A highly recommended sweet dish.	£11.95
Tandoori Fish Bhuna Marinated fish fillet roasted in the tandoor then cooked in a medium sauce with capsicum, tomato. fresh herbs & spices.	£10.95
Tandoor Special Balti Consists of lamb tikka, chicken tikka, tandoori chicken, tandoori king prawn & sheek kebab, cooked in a balti sauc	<b>£10.95</b> e.
Special Kashmiri Mixture of chicken & king prawns on shell, cooked with a spicy sauce, garnished with fresh green chillies and coriander.	£11.95
Chilli Mint Bahar Chicken Tikka marinated in mint & chillies, cooked with spinach & green chillies, A hot dish.	£10.95
Dim Bhuna	£10.95

Egg & aloo cooked in a bhuna style spicy sauce. Traditional Desi style dish.

## TIFFU'S FUSION DISHES

£11.95	Ranga Kaddu Recommended! Chicken tikka, lamb tikka or prawns cooked with sweet pumpkin, onions, tomato, fresh coriander.	£10.95
£10.95	Sea Bass Tenga Steam cooked sea bass steak garnished with a sumptuous tenga salsa sauce, prepared with garlic, herbs, tomatoes & cherry tomatoes	£11.95
£10.95	Sea Bass Palak Bahar Cooked with baby cherry tomatoes and spinach in a bhuna sauce. Medium dish.	£11.95
£10.95	Roshuni Marinated dricken tikka or lamb tikka cooked with onions, tomatoes, green peppers, herb & spices then dressed with a gallic topping. A traditional bluma style dish	£10.95
£10.95	Lamb Chops Tarkari Seasoned lamb chops slowly cooked in spices consisting of garlic, fennel and fenugreek.	£10.95
£11.95	Naga Chicken tikka, lamb tikka or prawns cooked with	£10.95
£11.95	Hot dish. <b>Badshai Haddi</b> Lamb shank slowly cooked with unique herbs and spices.	£13.95
	£10.95 £10.95 £10.95 £10.95	Chicken tikka, lamb tikka or prawns cooked with sweet pumpkin, oniors, tomato, fresh coriander.  \$\footnote{\textit{figs.}} \text{ Sea Bass Tenga} \text{ Steam cooked sea bass steak gamished with a sumptuous tenga salsa sauce, prepared with garlic, herbs, tomatoes & cherry tomatoes \text{ Sea Bass Palak Bahar} \text{ Cooked with baby cherry tomatoes and spinach in a bhuna sauce. Medium dish.}  \$\footnote{\text{ Roshuni}} \text{ Marinated diicken tikka or lamb tikka cooked with onions, tomatoes, green peppers, herbs & spices then dressed with a garlic topping. A traditional bhuna style dish.}  \$\footnote{\text{ Lamb Chops Tarkari}} \text{ Seasoned lamb chops slowly cooked in spices consisting of garlic, fennel and fenugreek.} A must for curry lovers!  \$\footnote{\text{ Naga}} \text{ Chicken tikka, lamb tikka or prawns cooked with extra hot Bangladeshi Naga pickle in various herbs & spice Hot dish.} \text{ Badshai Haddi}

Please allow sufficient time to prepare these dishes. Medium to hot/very hot at your request. Exotic, home style dishes which are cooked with aromatic spices & herbs, to bring its own original exotic flavour.

#### TIFFU'S TRADITIONAL DISHES

Lamb			Chicken	Lamb		
Chicken	or Prawn	King Prawn	Tikka	Tikka	Vegetable	
£6.95	£7.95	£10.95	£7.95	£7.95	£5.95	

#### Curry

Medium standard curry

#### Balti

Cooked with onion, tomato and peppers

#### **Pathia**

Hot, sweet and sour dish

#### Dupiaza

Medium dish cooked with plenty of chunky onions

#### Sagwala

Medium dish cooked with spinach

#### Bhuna

Semi dry dish cooked with tomato and onions

## Dansak

A delicious hot, sweet and sour dish cooked with lentils

#### Rogan Josh

Medium dish topped with tomatoes

#### Madras

Fairly hot dish cooked with chilli and a hint of lemon juice

#### Vindaloo

Fiery hot dish cooked with plenty of chillies

## BIRYANI

Basmati rice cooked & stir fried with medium oriental spices, nuts & flavoured with saffron, served with a vegetable curry.

Chicken Biryani	£8.50
Lamb Biryani	£9.95
Prawn Biryani	£8.95
King Prawn Biryani	£10.95
Chicken or Lamb Tikka Biryani	£9.95
Mixed Vegetable Biryani	£7.95
Persian Chicken Biryani (banana & omelette)	£9.95
Malayan Chicken Biryani (pineapple)	£9.95
Special Biryani Consists of chicken, lamb, prawns and king prawn, served with an omelette.	£9.95
Tandoori Mix Biryani Consists of chicken tikka, lamb tikka and tandoori king prawn.	£10.95

## **CHILLI MASALA BALTI**

Prepared in the same way as Bhuna, adding some green chillies with tandoori masala to produce a fairly hot taste.

Chicken Tikka or Lamb Tikka Chilli Masala	£9.95
King Prawn Chilli Masala	£10.95
Mixed Vegetable Chilli Masala	£6.95

### **VEGETABLE DISHES**

We take great measures in selecting the finest vegetables for our variety of delicious shabji dishes.

They make a perfect combination on their own or with any main dish.

Sides £3.25 Mains £5.95

#### Mushroom Bhajee

Fresh mushrooms cooked with onions & fresh herbs

#### Cauliflower Bhajee

Fresh cauliflower cooked with onions & fresh herbs

## Saag Bhajee

Fresh spinach cooked with onions & fresh herbs

#### Bengun Bhajee

Fresh aubergines cooked with onions and a hint of spice

#### **Bombay Potatoes**

Potatoes cooked in dry medium sauce

#### **Mixed Vegetable**

Several fresh vegetables cooked with spices & herbs in a medium sauce

#### Tarka Dhall

Assorted lentils cooked with fried garlic & onions

#### Saag Paneer

Spinach cooked with cottage cheese

#### **Mattar Paneer**

Cottage cheese & peas cooked mildly in spices

#### Saag Aloo

Spinach cooked with potatoes & fresh spices

#### Saag and Dhall Bhajee

Spinach & lentils cooked with herbs, garlic & ginger

## Mushroom & Cauliflower Bhajee

Mushrooms & cauliflower cooked with onions, spices & fresh herbs

## Mushroom & Potato Bhajee

Mushrooms & potato cooked with onions, spices & fresh herbs

## Mushroom & Saag Bhajee

Mushrooms & spinach cooked with onions & herbs

#### Cauliflower & Saag Bhajee

Cauliflower & spinach cooked with onions, spices & herbs

#### Aloo Gobi

Potatoes & cauliflower cooked with onions, spices & herbs

#### Bhindi and Bengun Bhajee

Lady fingers (okra) & aubergines cooked with onions, spices & herbs

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	SUNE	PRIES	
Chips	£2.50	Plain Papadoms	£0.90
Masala Chips	£3.50	Spiced Papadoms	£1.00
Fried Mushrooms with Onions	£2.50	Pickles Mango Chutney or Lime Pickle	£1.00
Green Salad	£2.50	Mix Pickle Tray	£2.50
Cucumber or Onion Raitha	£2.50	Consists of Mango, Mix and Chilli Pickle	

(Served with salad & chips)

Cheese Omelette/Chicken Omelette/Mushroom Omelette £9.95 **Chicken Nuggets** £8.95 Scampi £9.95

## **RICE & NAN**

Plain Boiled Rice	£2.20	Keema Palak Rice	£3.25	Mushroom Nan / Chicken Tikka Nan	£2.50
Pilau Rice	£2.50	Spinach, mince lamb cooked with basmati rice		Vegetable Nan	£2.50
Basmati rice specially cooked with butter		Chicken Pilau Rice	£3.25	Stuffed with mixed vegetables	
Fried Rice	£2.75	Cooked with chicken & onions		Peshwari Nan	£2.50
Plain rice cooked with onions		Coconut Rice	£3.25	(Stuffed with coconuts, sultanas	
Mushroom Pilau Rice	£2.75	Special Fried Rice	£3.50	& topped with honey)	
Cooked with mushrooms & onions		Cooked with peas, egg, mince lamb & onions.		Palak Nan Stuffed spinach	£2.50
Garlic Fried Rice	£2.75	Arabian Pilau Rice	£3.50	Chilli Danya Nan	£2.95
Egg Fried Rice	£2.75	Basmati rice cooked with mixed fruits.		Stuffed with fresh green chillies & coriander	
Plain rice cooked with eggs & onions		Chapati	£1.50	Cheese & Onion Nan	£2.95
Peas Pilau Rice	£2.75	Plain Paratha	£2.50	Cheese & Garlic Nan	£2.95
Basmati rice cooked with peas & onions		Stuffed Paratha	£2.95	Tiffus Deluxe Nan	£3.50
Mixed Vegetable Pilau Rice	£2.75	Stuffed with vegetables or minced lamb		(Keema, cheese, garlic, mushroom, green chillies,	
Basmati rice cooked with mixed vegetables		Tandoori Roti	£2.50	coriander, spinach, a touch of mint.)	
Lemon Chilli Rice	£2.75	Nan	£2.25	Two Mix Nan	£2.95
Keema Rice	£2.75	Keema Nan	£2.50	Choice of any two fillings	
Cooked with mince lamb		Stuffed with spiced minced lamb	12.50	Plain Family Nan	£5.50
Keema Peas Pilau Rice Cooked with mince lamb, peas & onions	£3.25	Cheese Nan / Onion Nan / Garlic Nan	£2.50	Garlic Family Nan	£5.95

Please note that some of our dishes may contain nuts and some fish dishes may contain bones.

Please ask a member of the team about our healthier options.

## **Opening Times:**

Sunday to Thursday: 5.30pm to 10pm Friday and Saturday: 5.30pm to 11pm (Open Bank Holidays)

## **Delivery Available**

on all orders over £10 (within a 5 mile radius)

10% Discount

on orders over £15 (collection only)



As we are unlicensed, you are welcome to bring your own alcoholic drinks.

Large Free Car Park Available
2-3 High Street, Wombourne, WV5 9DN

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Out of hours: 07952 071 710

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